

Co-Parenting Shared Expenses Checklist

Use this checklist to decide which categories your family shares, set simple operating rules, and agree on a before-you-request routine. It is national and jurisdiction-neutral. Your applicable parenting plan, court order, or written agreement controls.

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Categories to Discuss

Mark each category you and your co-parent agree to share. None are automatically shared or legally required; your agreement or order controls.

- Medical and dental not covered by insurance (copays, deductibles, orthodontia, therapy, prescriptions)
- Childcare and babysitting (daycare, after-school care, summer camps)
- School fees and supplies (tuition, registration, field trips, classroom supplies)
- Extracurricular activities and equipment (sports, music lessons, art classes, gear)
- Clothing and uniforms (school uniforms, seasonal clothes, specialty footwear)
- Transportation and child travel (school transport, travel between homes, activity travel)
- Phones and devices (device cost and monthly plan)
- Insurance premiums and other agreed categories (health, dental, vision for the child)

Other categories: _____

Operating Rules

1. Percentage split (e.g. 50/50 or pro-rata by income): _____
2. Pre-approval threshold (any expense over this amount needs both parents' agreement first):

3. Receipt requirement (every request must include a receipt, invoice, or EOB):

4. Submission deadline (requests submitted within how many days of the cost):

5. Reimbursement deadline (paying parent sends their share within how many days):

6. Shared record location (where expenses and payments are logged): _____

Before Requesting Reimbursement

For each expense you submit, confirm all five before you ask:

- The expense is in an agreed category.
- The cost was pre-approved if it exceeded the threshold.
- I have the receipt, invoice, or EOB ready to share.
- The total and each parent's share are calculated correctly.
- The request is submitted within the agreed window.

Disclaimer

This checklist is general educational information, not legal or tax advice. The applicable parenting plan, court order, or written agreement between parents controls. This material has not been reviewed by a lawyer. Consult a licensed family-law attorney for your situation.

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